

WORKSHEET: Step-by-Step Mounted Lesson Design

Title:

From Ground to Saddle: Designing a Mounted Lesson Using Experiential Learning

Scenario: Real-World Challenge

You are about to begin a mounted lesson when it suddenly starts raining.

Riding is no longer an option—but you still need to deliver a meaningful, engaging lesson that prepares your students for success once they return to the saddle.

STEP 1: Define Your Riding Goal

What was your original mounted lesson focus?

- Steering
- Balance/Posture
- Transitions
- Confidence
- Other: _____

Write your specific goal:

STEP 2: Identify “Before the Saddle” Skills

What do your students need to understand BEFORE riding in order to succeed?

- Body position
- Rein control
- Horse anatomy
- Equipment understanding
- Pattern awareness
- Confidence

Beyond the Saddle: Designing Experiential Learning in Equine Education

List 2–3 key pre-ride skills:

1. _____
2. _____
3. _____

STEP 3: Redesign the Lesson (Unmounted)

Since you cannot ride, how will you adapt your lesson?

Choose at least TWO:

- Simulator (iGallop) activity
- Hands-on horse activity (ex: anatomy/chalk)
- Worksheet or visual activity
- Tack/equipment practice
- Groundwork or movement exercise

Activity 1

Name: _____

What will students DO?

What skill does this build?

Activity 2

Name: _____

What will students DO?

What skill does this build?

STEP 4: Add the Experiential Learning Layer

How will students actively process what they are doing?

- What questions will you ask them?

- What will they realize or discover?

STEP 5: Connect Back to Riding

When students return to mounted work, how will this lesson help them?

What will they do better because of today's lesson?

STEP 6: Future Mounted Plan

When conditions improve, what mounted activity will you use next?

What will you specifically look for as the instructor?

STEP 7: Reflection

What worked well in your adapted lesson?

What would you improve next time?
